

Adventure Day Info and Guidelines

What are Adventure Days?

Instead of having class at the preschool, we will have class at a local park. Adventure Days will typically be the second Thursday and Friday of the month, and will be done for the months of October, November, January, February, March, and May.

Why are we doing Adventure Days?

Carla and I attended a conference over the summer about children and nature we were totally inspired to get kids outdoors more. Children need time in nature, our playground is fun, but doesn't provide enough variety for them to explore. Adventure Days will get us out at local parks to experience more variety.

Do parents come on Adventure Days?

No, unless you have a burning desire to. As with our indoor classroom, we always have an open door policy, so parents are able to show up and hang out with their child at any time, Adventure Days are no different! One stipulation is that we prefer not to have younger siblings attend on these days, as it could be a distraction to our lesson plans.

What will you do on Adventure Days?

We will meet at a local park, of which you will be notified about in advance. Some of our Adventure Days will have a specific lesson objective, whereas others will be lead by the children. We will observe their interest and decide in the moment what we will take more time to study. All of our excursions will include a hike, on the hike is where we will stop to notice things, i.e. bugs, birds, squirrels, interesting trees, plants, etc. These observations are what will guide our plans. We will do story time in the woods, we will have snack and at the end we will play on the playground.

What if the weather is bad?

We will still hold our Adventure Days even if it's cold and or raining. If it's stormy we will most likely cancel and just have regular preschool that day, the decision to reschedule to another day will be made at that time. It's also possible that we will see the weather forecast and reschedule in advance.

What does my child need for Adventure Days?

Your child will need to be dressed appropriately, if they are not they will be sent home:

- Tennis shoes or, preferably boots (insulated rubber boots would be best but if regular rubber boots are all you have that's fine, just have your child wear two pairs of socks, or bring a spare pair to change into if needed)
- A water resistant coat, with a hood
- During the colder months a hat and waterproof mittens
- A change of clothes (everything from underwear to socks please, and in a gallon Ziploc bag placed in their backpack)
- If it's raining and you have rain pants for your child that would be really helpful!
- Please dress your child in layers; it's easier to remove clothing as the warm up.

Snack:

- Foods that are ready-to-eat, limiting the need for teacher assistance, things such as fresh fruit and veggies, crackers, granola bars, cheese, etc. (Remember this is a snack, not lunch, so keep it small and no sugary foods, sweets or candy)
- Place their food in a lunch bag and put it in their backpack - Use small, light or easily portable containers as your child will need to carry it in their backpack for 3 hours.
- A small water bottle - water only please
- A napkin or wet wipe for them to clean their hands with